

5,7km

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M/1	M20/1	[180] BIEDERMAN, Marcin	WKS Wawel BnO	Kraków	0:23:06.01 (04:03min/km)	0:23:06.01	+0:00:00.00
2 - M/2	M20/2	[2332] TABOR, Dominik	Centrum Zdrowia Biegacza	Kraków	0:24:32.93 (04:18min/km)	0:24:32.93	+0:01:26.92
3 - M/3	M20/3	[11] BABULA, Przemysław	GKS Piast Gliwice	Gliwice	0:25:34.51 (04:29min/km)	0:25:35.45	+0:02:29.44
4 - M/4	M40/1	[366] ZAJĄC, Piotr	Bieniasz Bike Ekipa z Tarnowa BikersTarnów	Tarnów	0:25:58.74 (04:33min/km)	0:25:58.74	+0:02:52.73
5 - M/5	M20/4	[2032] HOŁOWNIA, Bartłomiej		Złocieniec	0:26:02.99 (04:34min/km)	0:26:03.40	+0:02:57.39
6 - M/6	M16/1	[1062] KOŁODZIEJCZYK, Łukasz			0:26:19.61 (04:37min/km)	0:26:26.06	+0:03:20.05
7 - M/7	M16/2	[231] KIJAK, Jakub	WKS Wawel BnO	Kraków	0:26:44.22 (04:41min/km)	0:26:44.22	+0:03:38.21
8 - M/8	M16/3	[1068] BYRCZEK, Jan			0:27:09.99 (04:45min/km)	0:27:10.28	+0:04:04.27
9 - M/9	M20/5	[2336] WRONA, Daniel		Kraków	0:27:12.20 (04:46min/km)	0:27:13.41	+0:04:07.40
10 - M/10	M30/1	[2344] TARGOSZ, Michał			0:27:31.46 (04:49min/km)	0:27:31.46	+0:04:25.45
11 - M/11	M20/6	[334] SUŁEK, Adam	AZS UJ	Krakow	0:27:39.75 (04:51min/km)	0:27:39.75	+0:04:33.74
12 - M/12	M16/4	[249] KUNZ, Marcin	Lacho Team	Kraków	0:27:46.17 (04:52min/km)	0:27:46.17	+0:04:40.16
13 - K/1	K30/1	[291] PIĄTEK, Karolina	nogamidogóry.pl	Kraków	0:28:12.47 (04:56min/km)	0:28:16.94	+0:05:10.93
14 - M/13	M40/2	[358] WÓJCİK, Grzegorz	WKS Wawel BnO	Kraków	0:28:34.91 (05:00min/km)	0:28:34.98	+0:05:28.97
15 - K/2	K16/1	[8] BIEDERMAN, Adrianna	WKS Wawel BnO	Kraków	0:29:00.85 (05:05min/km)	0:29:00.85	+0:05:54.84
16 - M/14	M16/5	[1063] BUŁAWA, Filip			0:28:59.48 (05:05min/km)	0:29:03.11	+0:05:57.10
17 - M/15	M30/2	[284] OSIADACZ, Jakub	Novomatic Technologies Poland	Kraków	0:29:49.62 (05:13min/km)	0:29:53.54	+0:06:47.53
18 - M/16	M20/7	[265] MACHALICA, Jan		Kraków	0:30:16.08 (05:18min/km)	0:30:38.32	+0:07:32.31
19 - M/17	M30/3	[375] ŻOŁNIEREK, Robert		Kraków	0:30:20.03 (05:19min/km)	0:30:43.88	+0:07:37.87
20 - M/18	M30/4	[193] CIEŚLA, Krzysztof		Kraków	0:30:45.50 (05:23min/km)	0:30:46.48	+0:07:40.47
21 - M/19	M30/5	[2326] ROJEK, Maciej	AT	Kraków	0:30:46.43 (05:23min/km)	0:30:46.54	+0:07:40.53
22 - M/20	M20/8	[261] ŁABĘDŹ, Artur	ITMBW Kraków	Kraków	0:30:35.42 (05:22min/km)	0:30:47.03	+0:07:41.02
23 - K/3	K20/1	[2023] BAZUŁKA, Aleksandra	AZS UJ	Katowice	0:30:52.66 (05:25min/km)	0:30:52.66	+0:07:46.65
24 - M/21	M20/9	[179] BARTYZEL, Krzysztof	Młode Wilki	Krakow	0:30:49.26 (05:24min/km)	0:30:56.50	+0:07:50.49
25 - M/22	M16/6	[373] ŻESŁAWSKI, Mateusz	WKS Wawel BnO	Kraków	0:30:57.02 (05:25min/km)	0:30:57.02	+0:07:51.01
26 - M/23	M30/6	[2022] BACHNIAK, Daniel		Kraków	0:31:16.76 (05:29min/km)	0:31:19.95	+0:08:13.94
27 - M/24	M20/10	[262] ŁACNY, Łukasz		Nowy Sącz	0:31:11.32 (05:28min/km)	0:31:22.16	+0:08:16.15
28 - M/25	M20/11	[341] ŚLĘZAK, Bartosz	LubelskiBiegacz	Kraków	0:31:19.79 (05:29min/km)	0:31:22.78	+0:08:16.77
29 - K/4	K16/2	[4] GARBACIK, Maja	WKS Wawel BnO	Kraków	0:31:23.81 (05:30min/km)	0:31:24.16	+0:08:18.15

30 - M /26	M40/3	[2334]	TRACZ, Sławomir		Myślenice	0:31:28.18 (05:31min/km)	0:31:29.08	+0:08:23.07
31 - K /5	K20/2	[2028]	EL MELIGY, Susan		Kraków	0:31:19.51 (05:29min/km)	0:31:29.68	+0:08:23.67
32 - M /27	M40/4	[1064]	KOWALCZYK, Rafał			0:31:29.60 (05:31min/km)	0:31:30.65	+0:08:24.64
33 - K /6	K16/3	[345]	TOPÓR, Magdalena	WKS Wawel BnO	Kraków	0:31:30.32 (05:31min/km)	0:31:31.71	+0:08:25.70
34 - M /28	M20/12	[2025]	BODURKA, Tomasz	Decathlon	Kraków	0:31:35.81 (05:32min/km)	0:31:35.81	+0:08:29.80
35 - M /29	M30/7	[365]	ZAJĄC, Piotr		Kraków	0:31:26.90 (05:31min/km)	0:31:38.36	+0:08:32.35
36 - M /30	M30/8	[227]	KASPRZYK, Marcin	WKS Wawel BnO	SOBOLÓW	0:31:27.95 (05:31min/km)	0:31:46.81	+0:08:40.80
37 - K /7	K20/3	[355]	WICHA, Małgorzata	WKS Wawel BnO	Kraków	0:31:52.09 (05:35min/km)	0:31:54.39	+0:08:48.38
38 - M /31	M40/5	[346]	TOPÓR, Marek	WKS Wawel BnO	Kraków	0:31:51.87 (05:35min/km)	0:32:01.67	+0:08:55.66
39 - M /32	M50/1	[267]	MACHLOWSKI, Ryszard	KKB DYSTANS	KRAKÓW	0:31:58.79 (05:36min/km)	0:32:05.92	+0:08:59.91
40 - M /33	M40/6	[206]	GEDL, Przemysław		Kraków	0:32:10.74 (05:38min/km)	0:32:10.74	+0:09:04.73
41 - M /34	M40/7	[324]	SROKA, Wojciech	Wiolinka i Bemol	Kraków	0:32:14.77 (05:39min/km)	0:32:18.34	+0:09:12.33
42 - K /8	K20/4	[215]	HRUBY, Anna	AZS AWF Kraków	Rozkochoów	0:32:26.62 (05:41min/km)	0:32:26.62	+0:09:20.61
43 - K /9	K30/2	[298]	PRZYWARA, Katarzyna	Skawina Biega	Skawina	0:32:28.34 (05:41min/km)	0:32:28.34	+0:09:22.33
44 - M /35	M20/13	[177]	BARGIEŁ, Marcin	Go Aktiv!	Kraków	0:33:06.73 (05:48min/km)	0:33:18.83	+0:10:12.82
45 - M /36	M30/9	[323]	SROKA, Sylwester		Wieliczka	0:33:29.57 (05:52min/km)	0:33:35.35	+0:10:29.34
46 - M /37	M30/10	[319]	SMOLIŃSKI, Dominik		Kraków	0:33:19.89 (05:50min/km)	0:33:36.07	+0:10:30.06
47 - M /38	M50/2	[2346]	GAŁ, Wojciech			0:33:31.47 (05:52min/km)	0:33:38.02	+0:10:32.01
48 - M /39	M40/8	[2036]	KARŁOWSKI, Wojciech		Szyce	0:33:47.09 (05:55min/km)	0:33:47.09	+0:10:41.08
49 - M /40	M50/3	[280]	NIESSNER, Piotr	WKS Wawel BnO	Kraków	0:33:51.23 (05:56min/km)	0:33:54.64	+0:10:48.63
50 - M /41	M30/11	[2331]	SZELA, Tomasz	Nankatsu Szupinators	Kraków	0:33:37.37 (05:53min/km)	0:33:59.08	+0:10:53.07
51 - M /42	M30/12	[196]	DURBAS, Maciej		Kraków	0:33:38.05 (05:54min/km)	0:33:59.60	+0:10:53.59
52 - M /43	M40/9	[335]	SYRYŃSKI-GIRO, Sebastian	MJMETALOŚWIĘCIM	OŚWIĘCIM	0:34:08.00 (05:59min/km)	0:34:09.82	+0:11:03.81
53 - M /44	M30/13	[312]	SIKORA, Łukasz		Kraków	0:34:10.63 (05:59min/km)	0:34:13.24	+0:11:07.23
54 - M /45	M16/7	[313]	SIWIECKI, Maciej		Kraków	0:34:22.07 (06:01min/km)	0:34:30.40	+0:11:24.39
55 - K /10	K20/5	[203]	GAWŁOWSKA, Anna		Kraków	0:34:53.56 (06:07min/km)	0:35:07.61	+0:12:01.60
56 - M /46	M30/14	[297]	POTASIEWICZ, Paweł	Novomatic Technologies Poland	Kraków	0:34:59.89 (06:08min/km)	0:35:13.66	+0:12:07.65
57 - M /47	M30/15	[245]	KUBLIN, Przemysław	Novomatic Technologies Poland	Kraków	0:35:02.98 (06:08min/km)	0:35:17.61	+0:12:11.60
58 - M /48	M16/8	[288]	PARDYGAŁ, Michał		Kraków	0:35:12.38 (06:10min/km)	0:35:18.30	+0:12:12.29
59 - M /49	M40/10	[263]	ŁAKOMSKI, Łukasz	rowerowanie.pl	KRAKÓW	0:35:04.99 (06:09min/km)	0:35:18.61	+0:12:12.60
60 - M /50	M40/11	[2327]	RZENNO , Łukasz	G.O.A.T. Team Michałowice	Kraków	0:35:17.96 (06:11min/km)	0:35:18.68	+0:12:12.67
61 - K /11	K16/4	[317]	SŁOŃSKA , Zofia	WKS Wawel BnO	Kraków	0:35:17.69 (06:11min/km)	0:35:19.14	+0:12:13.13
62 - M /51	M16/9	[371]	ŻESLAWSKI, Jakub	WKS Wawel BnO	Kraków	0:35:25.23 (06:12min/km)	0:35:25.23	+0:12:19.22
63 - M /52	M40/12	[301]	PUDEŁEK, Paweł	LKS Górzanka Nawojowa Góra		0:35:17.17 (06:11min/km)	0:35:33.29	+0:12:27.28
64 - M /53	M30/16	[212]	GUT, Krzysztof		Kraków	0:35:27.00 (06:13min/km)	0:35:36.43	+0:12:30.42
65 - M /54	M16/10	[314]	SKONIECZNY, Marcel	WKS Wawel BnO	Goszcza	0:35:37.21 (06:14min/km)	0:35:38.79	+0:12:32.78
66 - M /55	M30/17	[300]	PTASZNIK, Przemysław	WM Triself	Wieliczka	0:35:35.20 (06:14min/km)	0:35:39.83	+0:12:33.82
67 - M /56	M40/13	[306]	RAJ, Tomasz	Husaria Race Team	Kraków	0:35:45.26 (06:16min/km)	0:35:47.12	+0:12:41.11

68 - K /12	K16/5	[302]	PUDEŁEK, Michalina	LKS Górzanka Nawojowa Góra		0:35:33.06 (06:14min/km)	0:35:52.31	+0:12:46.30
69 - M /57	M40/14	[1061]	KUDELA, Damian			0:35:42.09 (06:15min/km)	0:35:56.32	+0:12:50.31
70 - M /58	M40/15	[282]	NOWOROLNIK, Dawid	Pink Dragon	Kraków	0:35:32.82 (06:14min/km)	0:36:04.80	+0:12:58.79
71 - M /59	M60/1	[292]	PIĄTEK, Stanisław	ITMBW Kraków	Kraków	0:35:56.79 (06:18min/km)	0:36:08.96	+0:13:02.95
72 - M /60	M30/18	[236]	KORBAS, Marcin Korbas	www.XRUN.io Nietuzinkowe Biegi Górskie	Dobczyce	0:35:52.88 (06:17min/km)	0:36:16.18	+0:13:10.17
73 - M /61	M30/19	[283]	ORTMAN, Marcin		Kraków	0:35:50.31 (06:17min/km)	0:36:16.73	+0:13:10.72
74 - M /62	M40/16	[210]	GRATKA, Mirosław	1973	Kojszówka	0:35:53.64 (06:17min/km)	0:36:23.09	+0:13:17.08
75 - M /63	M16/11	[1069]	LACHOWICZ, Kuba			0:36:31.91 (06:24min/km)	0:36:33.47	+0:13:27.46
76 - M /64	M50/4	[372]	ŻESLAWSKI, Wojciech	WKS Wawel BnO	Kraków	0:36:34.97 (06:25min/km)	0:36:35.29	+0:13:29.28
77 - M /65	M30/20	[2329]	SMEREKA, Krzysztof		Kraków	0:36:30.45 (06:24min/km)	0:36:39.36	+0:13:33.35
78 - M /66	M50/5	[259]	LIS, Jacek	G.O.A.T. Team Michałowice	Kończyce	0:36:23.36 (06:23min/km)	0:36:42.21	+0:13:36.20
79 - M /67	M40/17	[238]	KOŚCIELNICKI, Maciej	Didusie Racing	Rusocice	0:36:45.48 (06:26min/km)	0:36:53.65	+0:13:47.64
80 - M /68	M30/21	[286]	OŻÓG, Robert	Skawina Biega	SKAWINA	0:36:42.15 (06:26min/km)	0:37:02.64	+0:13:56.63
81 - M /69	M50/6	[208]	GRABOWSKI, Jan	Skawina Biega	Gołuchowice	0:36:59.56 (06:29min/km)	0:37:09.17	+0:14:03.16
82 - K /13	K16/6	[1067]	NYGA, Julia			0:37:03.69 (06:30min/km)	0:37:13.33	+0:14:07.32
83 - M /70	M30/22	[308]	ROMANOWSKI, Łukasz	Husaria Race Team	Kraków	0:36:50.47 (06:27min/km)	0:37:17.45	+0:14:11.44
84 - M /71	M40/18	[230]	KIEŁB, Grzegorz	G.O.A.T. Team Michałowice	Zagórzycze Stare	0:37:08.57 (06:30min/km)	0:37:20.74	+0:14:14.73
85 - M /72	M50/7	[237]	KOSOWSKI, Adam	Adamex Podolsze	Podolsze	0:37:24.10 (06:33min/km)	0:37:24.10	+0:14:18.09
86 - M /73	M40/19	[290]	PATER, Janusz	MJMETAL OŚWIĘCIM	OŚWIĘCIM	0:37:22.41 (06:33min/km)	0:37:24.30	+0:14:18.29
87 - M /74	M16/12	[289]	PASIEKA, Antoni		Kraków	0:37:25.85 (06:34min/km)	0:37:26.24	+0:14:20.23
88 - K /14	K16/7	[360]	WYPYCH, Urszula		Kraków	0:37:15.81 (06:32min/km)	0:37:30.92	+0:14:24.91
89 - K /15	K30/3	[178]	BARTUŚ, Joanna	G.O.A.T. Team Michałowice	Michałowice	0:37:21.03 (06:33min/km)	0:37:31.22	+0:14:25.21
90 - M /75	M40/20	[181]	BIEDERMAN, Paweł	WKS Wawel BnO	Iwanowice Włociańskie	0:37:20.29 (06:33min/km)	0:37:41.44	+0:14:35.43
91 - M /76	M40/21	[2029]	GARSTECKI, Michał	Skawina Biega	Skawina	0:37:31.87 (06:35min/km)	0:37:44.27	+0:14:38.26
92 - M /77	M30/23	[296]	POCIEGIEL, Michał	Skawina Biega	Radziszów	0:37:32.36 (06:35min/km)	0:37:48.73	+0:14:42.72
93 - M /78	M30/24	[220]	JANIAK, Mariusz		Kraków	0:37:35.07 (06:35min/km)	0:37:50.46	+0:14:44.45
94 - K /16	K30/4	[1065]	MAROŃSKA, Monika			0:37:26.21 (06:34min/km)	0:37:50.75	+0:14:44.74
95 - K /17	K50/1	[294]	PLATA, Agnieszka	Dzieło Pomocy św Ojca Pio	Kraków	0:37:57.03 (06:39min/km)	0:37:57.03	+0:14:51.02
96 - K /18	K30/5	[232]	KŁAPUT, Dorota	Endorfiny	Wadowice	0:37:25.84 (06:34min/km)	0:37:59.90	+0:14:53.89
97 - K /19	K40/1	[361]	ZABOROWSKA, Małgorzata		Liszki	0:37:54.22 (06:38min/km)	0:38:03.91	+0:14:57.90
98 - K /20	K40/2	[2337]	ZAJĄCZKOWSKA- ORŁOWSKA, Katarzyna		Kraków	0:37:48.82 (06:38min/km)	0:38:05.20	+0:14:59.19
99 - M /79	M16/13	[276]	MIŚKÓW, Krzysztof	KS Kościelec Chrzanów	Chrzanów	0:36:28.68 (06:23min/km)	0:38:09.47	+0:15:03.46
100 - K /21	K40/3	[199]	ETTERLE-BIEDERMAN, Lilianna	WKS Wawel BnO	IWANOWICE WŁOŚCIAŃSKIE	0:38:02.31 (06:40min/km)	0:38:09.48	+0:15:03.47
101 - M /80	M50/8	[201]	FORYTEK, Józef	WKS Wawel BnO	Kraków	0:38:06.99 (06:41min/km)	0:38:16.11	+0:15:10.10
102 - M /81	M20/14	[211]	GRUSZKA, Karol	Bizonmotorsport	Kraków	0:37:52.01 (06:38min/km)	0:38:16.39	+0:15:10.38
103 - M /82	M30/25	[354]	WAŹRÓBSKI, Mirosław		Kraków	0:37:50.58 (06:38min/km)	0:38:18.02	+0:15:12.01
104 - K /22	K30/6	[184]	BIŁOCHA, Ewa		Kraków	0:38:00.89 (06:40min/km)	0:38:26.78	+0:15:20.77
105 - K /23	K40/4	[305]	RAJ, Iwona	Eskadra Kraków	Krakow	0:37:56.34 (06:39min/km)	0:38:28.61	+0:15:22.60

106 - K /24	K30/7	[311]	SIEMIŃSKA, Natalia		Kraków	0:38:02.47 (06:40min/km)	0:38:29.66	+0:15:23.65
107 - M /83	M30/26	[258]	LIRO, Maciej		Kraków	0:38:25.79 (06:44min/km)	0:38:31.46	+0:15:25.45
108 - K /25	K30/8	[1059]	WÓJTOWICZ, Magdalena			0:38:16.02 (06:42min/km)	0:38:46.25	+0:15:40.24
109 - K /26	K30/9	[350]	TYLEK, Agata	Skawina Biega	Brzyczyna	0:38:32.36 (06:45min/km)	0:38:46.50	+0:15:40.49
110 - K /27	K20/6	[318]	SMĘDA, Agnieszka	Bochnia Biega	Kraków	0:38:43.92 (06:47min/km)	0:38:50.92	+0:15:44.91
111 - M /84	M40/22	[330]	STĘŻOWSKI, Dariusz	Krówka Team	Kraków	0:38:22.67 (06:43min/km)	0:38:56.51	+0:15:50.50
112 - K /28	K30/10	[352]	WARSZAWSKA, Agnieszka		Kraków	0:38:24.70 (06:44min/km)	0:38:57.24	+0:15:51.23
113 - K /29	K40/5	[356]	WITEK, Aneta	SolarWinds	Wieliczka	0:38:58.65 (06:50min/km)	0:38:58.65	+0:15:52.64
114 - M /85	M30/27	[274]	MICHAŁEK, Łukasz	GT Alex	Kraków	0:38:23.00 (06:44min/km)	0:39:00.59	+0:15:54.58
115 - K /30	K40/6	[342]	ŚLIWA, Anna	Skawina Biega	Skawina	0:39:06.67 (06:51min/km)	0:39:20.33	+0:16:14.32
116 - M /86	M60/2	[2345]	FAJTO, Maciej			0:39:24.35 (06:54min/km)	0:39:36.01	+0:16:30.00
117 - M /87	M40/23	[270]	MACINA, Dariusz		Podłęże	0:39:01.39 (06:50min/km)	0:39:36.56	+0:16:30.55
118 - K /31	K20/7	[197]	DYLAĞ, Marlena	G.O.A.T. Team Michałowice	Michałowice	0:39:39.75 (06:57min/km)	0:39:51.93	+0:16:45.92
119 - M /88	M30/28	[2321]	ŁABUZ, Przemysław		Kraków	0:40:04.67 (07:01min/km)	0:40:10.74	+0:17:04.73
120 - M /89	M20/15	[2324]	MARKOWSKI, Krzysztof		Częstochowa	0:39:49.87 (06:59min/km)	0:40:17.28	+0:17:11.27
121 - M /90	M40/24	[2330]	SZAJEWSKI, Arkadiusz	O TAK ŁO	KRAKÓW	0:39:45.18 (06:58min/km)	0:40:20.22	+0:17:14.21
122 - K /32	K30/11	[226]	KAPOŁKA, Agata	Skawina Biega	Skawina	0:40:08.87 (07:02min/km)	0:40:21.86	+0:17:15.85
123 - K /33	K20/8	[228]	KEMPA, Ewelina	ASICS FrontRunner Poland	Kraków	0:40:20.62 (07:04min/km)	0:40:23.49	+0:17:17.48
124 - M /91	M40/25	[272]	MARZEC, Artur		Wieliczka	0:40:12.27 (07:03min/km)	0:40:24.72	+0:17:18.71
125 - M /92	M20/16	[254]	KUTYBA, Marek		Kraków	0:40:09.07 (07:02min/km)	0:40:33.78	+0:17:27.77
126 - K /34	K20/9	[183]	BIELECKA, Ewa		Kraków	0:39:57.83 (07:00min/km)	0:40:36.11	+0:17:30.10
127 - M /93	M20/17	[187]	BOVSUNIVSKYI, Sergii	Heineken Krakow Running Club	Krakow	0:40:39.83 (07:08min/km)	0:40:46.63	+0:17:40.62
128 - K /35	K16/8	[325]	SROKA, Zuzanna		Kraków	0:40:19.36 (07:04min/km)	0:40:52.17	+0:17:46.16
129 - K /36	K30/12	[340]	SZWEJ, Joanna	Pogoria Biega	Kraków	0:40:15.80 (07:03min/km)	0:40:54.96	+0:17:48.95
130 - M /94	M30/29	[293]	PILCH, Łukasz	Probalans.pl	Kraków	0:40:45.55 (07:09min/km)	0:40:58.58	+0:17:52.57
131 - M /95	M30/30	[251]	KURLETO, Kamil	Młode Wilki	Kraków	0:40:52.11 (07:10min/km)	0:40:59.82	+0:17:53.81
132 - M /96	M30/31	[225]	KACZOR, Łukasz		Kraków	0:40:50.80 (07:09min/km)	0:41:25.06	+0:18:19.05
133 - M /97	M30/32	[329]	STEFANČZYK, Marek	BeFit24Team	Kraków	0:41:27.90 (07:16min/km)	0:41:32.14	+0:18:26.13
134 - M /98	M30/33	[1055]	JUDASZ, Rafał		Rudnik	0:41:10.40 (07:13min/km)	0:41:38.42	+0:18:32.41
135 - M /99	M30/34	[1058]	RYTOV, Oleksi			0:41:45.04 (07:19min/km)	0:41:56.30	+0:18:50.29
136 - M /100	M30/35	[205]	GAŚIOR, Marcin		Kraków	0:41:20.92 (07:15min/km)	0:41:58.34	+0:18:52.33
137 - K /37	K20/10	[2339]	ZAWIŚLAK , Agata		Kraków	0:41:56.75 (07:21min/km)	0:42:09.74	+0:19:03.73
138 - M /101	M40/26	[275]	MIKUŁA, Grzegorz	I like Monday morning	Kraków	0:41:54.33 (07:21min/km)	0:42:17.07	+0:19:11.06
139 - M /102	M40/27	[234]	KOFIN, Maciej Kofin	#AdamCzerwińskiTeam	Kraków	0:41:55.51 (07:21min/km)	0:42:20.83	+0:19:14.82
140 - K /38	K40/7	[209]	GRATKA, Beata	1974	Kojszówka	0:41:50.47 (07:20min/km)	0:42:20.93	+0:19:14.92
141 - M /103	M30/36	[295]	PŁONKA, Daniel	CAFFETTIERA	Krakow	0:41:53.58 (07:20min/km)	0:42:21.63	+0:19:15.62
142 - M /104	M40/28	[186]	BOUFRAHI, Rysiek		Krakow	0:41:44.33 (07:19min/km)	0:42:22.08	+0:19:16.07
143 - K /39	K30/13	[338]	SZNAJDER, Joanna Sznajder	G.O.A.T. Team Michałowice	Michałowice	0:42:13.67 (07:24min/km)	0:42:26.37	+0:19:20.36

144 - K /40	K40/8	[239]	KOZIOŁ, Agnieszka	Night Runners	Kraków	0:41:55.27 (07:21min/km)	0:42:30.85	+0:19:24.84
145 - K /41	K50/2	[266]	MACHLOWSKA, Grażyna	KKB DYSTANS	KRAKÓW	0:42:10.01 (07:23min/km)	0:42:35.47	+0:19:29.46
146 - M /105	M30/37	[246]	KUKLA, Daniel		Bochnia	0:42:18.66 (07:25min/km)	0:42:37.72	+0:19:31.71
147 - M /106	M40/29	[344]	TICHORUK, Rafał Tichoruk	Poranny Patrol	Kraków	0:42:06.68 (07:23min/km)	0:42:45.56	+0:19:39.55
148 - M /107	M40/30	[321]	SOWA, Grzegorz	ITMBW Kraków	Kraków	0:42:20.45 (07:25min/km)	0:42:52.04	+0:19:46.03
149 - K /42	K40/9	[221]	JAROSZ-SIEMBIOT, Anna		Kraków	0:42:18.62 (07:25min/km)	0:42:53.46	+0:19:47.45
150 - K /43	K40/10	[2338]	ZAWADA, Magdalena		Kraków	0:42:41.82 (07:29min/km)	0:42:58.39	+0:19:52.38
151 - K /44	K30/14	[363]	ZAJĄC, Ilona	Skawina Biega	SKAWINA	0:42:45.84 (07:30min/km)	0:42:59.13	+0:19:53.12
152 - K /45	K40/11	[320]	SOŁTYS, Alicja	Skawina Biega	Kraków	0:42:41.94 (07:29min/km)	0:43:02.36	+0:19:56.35
153 - K /46	K30/15	[2341]	WAŚOWICZ, Katarzyna		Niepołomice	0:42:57.73 (07:32min/km)	0:43:25.42	+0:20:19.41
154 - M /108	M30/38	[243]	KRZYWDA, Hubert	Cały Czas Do Przodu	nowy wiśnicz	0:43:22.69 (07:36min/km)	0:43:31.92	+0:20:25.91
155 - M /109	M30/39	[2328]	SAŁACH, Krzysztof	Decathlon	Kraków	0:43:34.48 (07:38min/km)	0:43:38.31	+0:20:32.30
156 - K /47	K30/16	[2026]	BURNUS, Beata	Night Runners	Kraków	0:43:15.56 (07:35min/km)	0:43:48.95	+0:20:42.94
157 - M /110	M16/14	[326]	STACH, Franciszek		KRZESZOWICE	0:43:12.82 (07:34min/km)	0:43:49.26	+0:20:43.25
158 - M /111	M40/31	[2347]	SUROWIAK, Tomasz			0:43:41.12 (07:39min/km)	0:43:52.46	+0:20:46.45
159 - K /48	K20/11	[2038]	KRUK, Paulina	Night Runners	Kraków	0:43:22.24 (07:36min/km)	0:43:55.45	+0:20:49.44
160 - K /49	K30/17	[190]	BUGAJSKA, Katarzyna		Kraków	0:43:19.44 (07:36min/km)	0:43:58.68	+0:20:52.67
161 - M /112	M30/40	[195]	DĄBROWSKI, Marek	G.O.A.T. Team Michałowice	Więclawice Stare	0:43:27.34 (07:37min/km)	0:43:59.39	+0:20:53.38
162 - M /113	M30/41	[241]	KRAWCZYK, Wojciech		Kraków	0:43:20.76 (07:36min/km)	0:43:59.41	+0:20:53.40
163 - K /50	K20/12	[268]	MACIASZ, Sylwia		Połom Mały	0:43:38.17 (07:39min/km)	0:44:00.34	+0:20:54.33
164 - M /114	M30/42	[269]	MACIEJAS, Marcin		Proszowice	0:43:54.74 (07:42min/km)	0:44:11.93	+0:21:05.92
165 - M /115	M60/3	[192]	CEKIERA, Antoni	combex	Kraków	0:43:33.01 (07:38min/km)	0:44:16.31	+0:21:10.30
166 - M /116	M30/43	[332]	STRUZIK, Bartłomiej		Kraków	0:44:12.51 (07:45min/km)	0:44:30.78	+0:21:24.77
167 - K /51	K16/9	[2031]	GNIEWEK, Julia		Bochnia	0:44:08.94 (07:44min/km)	0:44:33.89	+0:21:27.88
168 - K /52	K40/12	[191]	BURDA, Monika	#AdamCzerwińskiTeam	Kraków	0:44:16.92 (07:46min/km)	0:44:43.15	+0:21:37.14
169 - K /53	K30/18	[287]	PAJOR-LESZCZYŃSKA, Aleksandra		KRAKOW	0:44:48.57 (07:51min/km)	0:44:50.85	+0:21:44.84
170 - K /54	K30/19	[364]	ZAJĄC, Monika		Kraków	0:44:19.54 (07:46min/km)	0:44:55.25	+0:21:49.24
171 - K /55	K20/13	[2027]	DZIEGIEĆ, Ewa		Kraków	0:45:05.57 (07:54min/km)	0:45:05.57	+0:21:59.56
172 - K /56	K20/14	[2037]	KOCUR, Agata		Kraków	0:45:09.38 (07:55min/km)	0:45:14.59	+0:22:08.58
173 - K /57	K30/20	[176]	BARAŃSKA, Maria		KRAKÓW	0:45:01.56 (07:53min/km)	0:45:15.08	+0:22:09.07
174 - K /58	K60/1	[331]	STOCHEL, Teresa	AKPT Krakow	Kraków	0:45:53.76 (08:03min/km)	0:45:54.61	+0:22:48.60
175 - K /59	K20/15	[175]	ASSELMAN, Angela		Krakow	0:46:15.24 (08:06min/km)	0:46:38.62	+0:23:32.61
176 - K /60	K20/16	[2034]	JASZCZ, Maria		Kraków	0:46:49.03 (08:12min/km)	0:46:49.03	+0:23:43.02
177 - M /117	M30/44	[2024]	BIELIK, Radosław	WKURW_TEAM	Kraków	0:46:39.02 (08:11min/km)	0:47:02.95	+0:23:56.94
178 - K /61	K16/10	[315]	SKORUPA, Maja	LKS Górzanka Nawojowa Góra	Kraków	0:46:51.11 (08:13min/km)	0:47:17.70	+0:24:11.69
179 - M /118	M40/32	[370]	ZWONEK, Paweł Zwonek		Kraków	0:46:47.75 (08:12min/km)	0:47:28.38	+0:24:22.37
180 - M /119	M16/15	[2343]	BASTA, Jakub			0:47:15.15 (08:17min/km)	0:47:47.08	+0:24:41.07
181 - M /120	M30/45	[2342]	BASTA, Przemysław			0:47:15.92 (08:17min/km)	0:47:47.67	+0:24:41.66

182 - M /121	M20/18	[253]	KURUS, Tomasz	KATO	Kraków	0:47:17.57 (08:17min/km)	0:47:49.66	+0:24:43.65
183 - K /62	K20/17	[229]	KHVAINITSKAYA-KURUS, Katsiaryna	KATO	Krakow	0:47:18.34 (08:17min/km)	0:47:50.06	+0:24:44.05
184 - K /63	K30/21	[182]	BIEDROŃ, Monika	WM Triself	Kraków	0:47:18.52 (08:17min/km)	0:47:59.98	+0:24:53.97
185 - K /64	K30/22	[244]	KUBIESA, Patrycja	Husaria Race Team	Kraków	0:48:07.46 (08:26min/km)	0:48:07.99	+0:25:01.98
186 - M /122	M40/33	[310]	SERWATKA, Szymon		Zielonki	0:47:40.30 (08:21min/km)	0:48:13.47	+0:25:07.46
187 - K /65	K20/18	[349]	TWARDOWSKA, Kornelia		Kraków	0:47:49.63 (08:23min/km)	0:48:17.89	+0:25:11.88
188 - M /123	M16/16	[343]	TALAGA, Patryk	Skawina Biega	Gaj	0:48:02.99 (08:25min/km)	0:48:27.85	+0:25:21.84
189 - K /66	K20/19	[2325]	POPEK, Paulina		Kraków	0:48:52.69 (08:34min/km)	0:49:09.11	+0:26:03.10
190 - M /124	M30/46	[235]	KOMISARCZUK, Arkadiusz	Medius Runners	Kraków	0:48:38.16 (08:31min/km)	0:49:17.68	+0:26:11.67
191 - M /125	M16/17	[194]	CZAPLA, Tadeusz	WKS Wawel BnO	Kraków	0:48:59.60 (08:35min/km)	0:49:41.30	+0:26:35.29
192 - M /126	M20/19	[279]	NIEDBACH, Marek		Nowe Rybie	0:49:57.79 (08:45min/km)	0:50:35.02	+0:27:29.01
193 - K /67	K30/23	[247]	KUKLEWICZ, Barbara		Kraków	0:50:22.59 (08:50min/km)	0:50:50.31	+0:27:44.30
194 - M /127	M30/47	[339]	SZPOTON, Artur		Kraków	0:50:42.90 (08:53min/km)	0:51:05.15	+0:27:59.14
195 - M /128	M30/48	[309]	RUSINEK, Michał	CAFFETTIERA	Kraków	0:50:39.80 (08:53min/km)	0:51:10.26	+0:28:04.25
196 - M /129	M60/4	[248]	KULA, Tadeusz	KKB DYSTANS	Kraków	0:50:59.53 (08:56min/km)	0:51:15.90	+0:28:09.89
197 - K /68	K30/24	[307]	RAMOTOWSKA, Dominika	SolarWinds	Krakow	0:51:07.57 (08:58min/km)	0:51:19.68	+0:28:13.67
198 - K /69	K40/13	[2030]	GAWĘDA , Beata	Małokoźmiccy Biegacze	Wieliczka	0:51:34.71 (09:02min/km)	0:51:48.73	+0:28:42.72
199 - K /70	K16/11	[322]	SROKA, Joanna		Kraków	0:51:14.49 (08:59min/km)	0:51:48.93	+0:28:42.92
200 - K /71	K30/25	[374]	ŻOŁNIEREK, Renata		Kraków	0:51:31.59 (09:02min/km)	0:51:53.48	+0:28:47.47
201 - M /130	M30/49	[2035]	KAMIŃSKI, Karol		Kraków	0:51:25.98 (09:01min/km)	0:52:00.38	+0:28:54.37
202 - K /72	K30/26	[2322]	ŁUKASIAK, Izabela		Kraków	0:51:45.26 (09:04min/km)	0:52:06.32	+0:29:00.31
203 - K /73	K50/3	[218]	JAKUBEK, Hanna	Skawina Biega	Skawina	0:51:44.16 (09:04min/km)	0:52:10.68	+0:29:04.67
204 - K /74	K40/14	[250]	ORLIŃSKA, Joanna	Skawina Biega	Gaj	0:52:32.69 (09:13min/km)	0:52:56.24	+0:29:50.23
205 - K /75	K30/27	[351]	TYLISZCZAK, Bożena		Kraków	0:57:17.27 (10:03min/km)	0:57:52.91	+0:34:46.90
206 - K /76	K40/15	[304]	PYCHOWSKA-SROKA, Justyna		Kraków	0:58:57.14 (10:20min/km)	0:59:31.14	+0:36:25.13
207 - K /77	K60/2	[357]	WOŹNIAK, Barbara	Ambasador Grand Prix Krakowa	Limanowa	1:03:45.85 (11:11min/km)	1:04:06.26	+0:41:00.25
208 - K /78	K40/16	[198]	DYRDA, Justyna	MirMark	Kraków	1:12:03.45 (12:38min/km)	1:12:29.15	+0:49:23.14